

the  
Italian  
Gourmet



# Catering Menu



## appetizers

All appetizers are \$4 per person, 10 person minimum per appetizer  
Serving is 2 pieces per person

- Parma Prosciutto with Melon
- Bruschetta Tray
- Fresh Mozzarella, Tomato & Basil Tray
- Asparagus wrapped with Smoked Turkey
- Pepperoni Roll
- Baked Sweet Sausage Stuffed Mushrooms
- Pesto Tortellini Skewers
- Artichoke & Cheese Dip with Crostini
- Meatballs in our Marinara

## Pasta dishes

All pasta dishes are \$12 per person, 6 person minimum  
per pasta dish, served family style

Add garden salad and garlic bread for \$3 per person

- Spaghetti with Meatballs, in our Marinara
- Penne with Chicken & Broccoli in our Alfredo
- Rigatoni with our Veal Bolognese
- Meat Ravioli in our Marinara
- Meat Tortellini with Peas & Prosciutto in our Alfredo
- Cheese Manicotti (vegetarian)
- Stuffed Shells (vegetarian)
- Baked Ziti (vegetarian)
- Cheese Ravioli in our Marinara (vegetarian)
- Farfalle with Roasted Veggies in our Marinara (vegan)



## entrees

The following entrees are \$12 per person, 6 person  
minimum per entree, served family style

- Chicken Parmesan with Pasta in our Marinara
- Chicken Cacciatore with Pasta in our Marinara
- Eggplant Parmesan with Pasta in our Marinara (vegetarian)
- Sausage & Peppers with Pasta in our Marinara

The following entrees are \$15 per person, 6 person  
minimum per entree, served family style

- Chicken Marsala with Rice
- Chicken Piccata with Rice
- Meat and Cheese Lasagna
- Spinach and Vegetable Lasagna (vegetarian)

Add garden salad and garlic bread for \$3 per person

## party platters

*All party platters are priced per person, 6 person minimum per platter*

### **Sandwich Platter \$11**

*An assortment of our most popular sandwiches: Italian, Turkey, Ham, Roast Beef, Tuna Salad, Chicken Salad, Tomato Mozzarella*

*Sandwiches are prepared with lettuce and tomato. Mustard, mayonnaise, onions, sweet peppers, hot peppers and Italian dressing are included on the side.*

### **Antipasto Platter \$6**

*Genoa Salami, Parma Prosciutto, Pepperoni, Capicola, Swiss and Provolone arranged with Olives and Marinated Mushrooms*

### **Roasted Veggie Tray \$6**

*Seasonal vegetables roasted with garlic, olive oil and fine Italian herbs*

### **Fresh Veggie Tray \$5**

*An assortment of fresh vegetables with Ranch dressing included on the side*

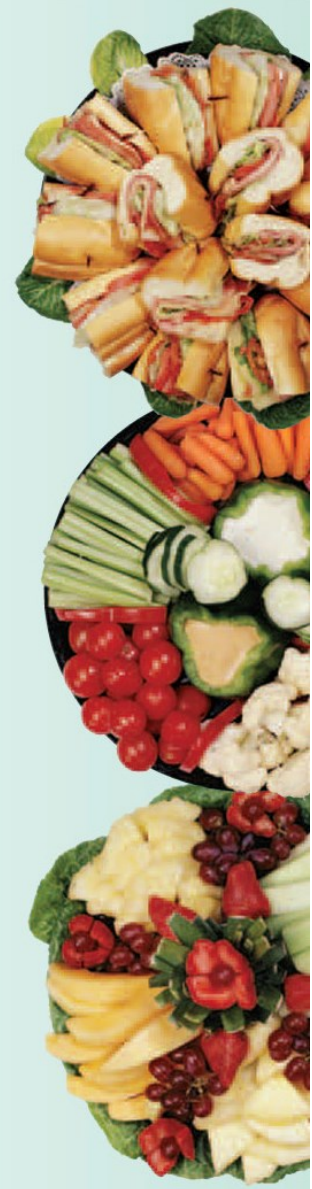
### **Fresh Fruit & Cheese Tray \$5**

*An assortment of fresh fruit and cheeses with crackers included on the side*

## *Individually Packaged Options*

**Boxed Lunch \$18 each, minimum order is 6**

*Individual sandwich, pasta salad and cannoli*





## salads

*All salads are \$3 per person, 6 person minimum per salad*

- Caesar Salad
- Garden Salad
- Potato Salad
- Macaroni Salad
- Rotini Pasta Salad
- Tomato, Mozzarella & Basil Salad
- Cucumber Salad

Kettle Chips, assorted 2 oz bags, \$3 each

## beverages

*All beverages are \$3 each*

- Can Soda, assorted flavors
- Bottled Water
- Bottled Snapple, assorted flavors
- Dr. Browns Soda, assorted flavors



## desserts

*All desserts are \$4 per person, 6 person minimum*

- Cookie Tray
- Cookie & Brownie Tray
- Cookie & Cannoli Tray
- Cookie, Cannoli & Brownie Tray
- Fresh Fruit Tray

At the Italian Gourmet, we are dedicated to providing fresh, beautifully presented and punctual catering for all events. From gourmet sandwiches for 6 to cocktail receptions for 600, we are here to meet all of your catering needs.

Please allow at least 24 hours notice when placing orders. We will make every effort to accommodate last minute orders. Day of cancellations will be charged 50%.

The Italian Gourmet delivers to Alexandria, Arlington, Fairfax and Loudoun counties, Manassas, Washington DC, and parts of Montgomery county. Delivery fees vary based on location.

Catering orders are presented on disposable serving platters and aluminum pans. Paper products are available at an additional charge of \$1 per person. Disposable warming chafers are also available for \$15 each.